

# Download Bread Body Spirit Finding The Sacred In Food

Mind, Spirit, Soul and Body: All for One and One for All Reflections on Paul's Anthropology in his Complex Contexts  
A song of praise to God who rescues us. John describes his vision of the praises that will be sung to the Lamb by every creature on heaven and earth. In Lectionary Cycle C, our Sunday Gospels are usually taken from the Gospel of Luke. The Gospels for the Easter Season, however, are taken from the ...  
Candy canes. Why are some candies associated with Christmas? Hundreds of years ago sugar was very expensive. It was a food of the wealthy. For other people, it was a special treat saved for holidays (Christmas, Easter) and other special occasions (weddings, christenings).  
Apple sauce & apple butter Food historians tell us sauces made with apples and related recipes [stewed apples, apple pudding] were made by medieval European cooks. These sauces could be made from tart to sweet and were served as accompaniments to a variety of foods.